

Indigo Moon Counseling **Disclosure Statement**

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I am a Licensed Professional Counselor (LPC #3956), a Certified Addiction Specialist (ACC #6188), Nationally Certified Counselor (NCC #79794), Reiki Master/Teacher and a Eden Energy Medicine Certified Practitioner (EEM-CP). In addition, I have been trained in Rapid Resolution Therapy, Emotional Freedom Techniques, Matrix Reimprinting, and energy psychology.

I employ a variety of styles and techniques, including the use of energy work such as Reiki, energy medicine and Emotional Freedom Technique/meridian tapping. I have a Reality Therapy and Choice Theory background and also incorporate the modalities of Motivational Interviewing, Energy Psychology, Person Centered, Mindfulness and a Strengths Based Approach. My goal is to help clients identify and achieve goals by building on their strengths, finding balance, creating shifts and becoming empowered to reach their full potential.

Regulation of Psychotherapists

The agency within the department that has responsibility specifically for licensed or registered persons in the field of psychotherapy is:

Department of Regulatory Agencies
Mental Health Licensing Section
1560 Broadway, Suite #880
(303) 894-7800

The regulatory requirements for mental health professionals provide that a Licensed Clinical social worker, a Licensed Marriage and Family therapist, and a **Licensed Professional Counselor must hold a masters degree in their profession and have two years of post-masters supervision.** A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctorial supervision. A Licensed Social Worker must hold a masters degree in social work. A Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure. A Certified Addiction Counselor I (CAC I or CAT) must be a high school graduate, and complete required training hours and 1000 hours of supervised experience. A CAC II must complete additional required training hours and 2,000 hours of supervised experience. **A CAC III (CAS) must have a bachelors degree in behavioral health, and complete additional required training hours and 2,000 hours of supervised experience.** A Licensed Addiction Counselor must have a clinical masters degree and meet the CAC III requirements. A Registered Psychotherapist is registered with the State Board of Registered Psychotherapists, is not licensed or certified, and no degree, training or experience is required.

Client Rights

- a. You are entitled to receive information from me regarding my methods of therapy, the techniques I use and the duration of your therapy, if known.
- b. You can seek a second opinion from another therapist or terminate therapy at any time (except under special circumstances).
- c. In a professional relationship, sexual intimacy between therapist and client is not appropriate and is illegal in the state of Colorado. If sexual intimacy occurs, it should be reported immediately to the Department of Regulatory Agencies.
- d. Generally speaking, the information provided by and to the client during therapy sessions is legally confidential and cannot be released without the client's consent. There are exceptions to this confidentiality, some of which are listed in section 12-43-218 C.R.S. If a legal exception arises during therapy, if feasible, you will be informed accordingly.

THERE ARE EXCEPTIONS TO THE GENERAL RULE OF LEGAL CONFIDENTIALITY.

These exceptions include: (1) I am required to report any suspected incident of child and/or elder abuse or neglect; (2) I am required to report any threat of imminent physical harm by a client to law enforcement and to the person(s) threatened; (3) I am required to initiate mental health evaluation of a client who is imminently dangerous to self or to others, or who is gravely disabled, as a result of a mental disorder; (4) I am required to report any suspected threat to national security to federal officials; and (5) I may be required by Court Order to disclose treatment information.

Other times confidentiality may be breached is if you file a law suit or complaint against me I can use whatever information I deem relevant to defend myself. I may also occasionally find it helpful to consult with other professionals about my ongoing work using non-identifying information.

As you are no doubt aware, it is impossible to protect the confidentiality of information that is transmitted electronically. This is particularly true of e-mail, text messages, Zoom communication, and information stored on computers that are connected to the internet, which do not utilize encryption and other forms of security protection. I am making you aware of these issues so that you can make an informed decision about utilizing these methods of electronic communication or engaging in tele-coaching via Zoom.

Disclosure regarding divorce and custody litigation:

If you are involved in divorce or custody litigation, my role as a therapist is not to make recommendations to the court concerning custody or parenting issues. By signing this Disclosure Statement, you agree not to subpoena me to court for testimony or for disclosure of treatment information in such litigation; and you agree not to request that I write any reports to the court or to your attorney, making recommendations concerning custody. The court can appoint professionals, who have no prior relationship with family members, to conduct an investigation or evaluation and to make recommendations to the court concerning parental responsibilities or parenting time in the best interests of the family’s children.

Billing and Payments

Payment is due prior to or at the time of service and can be made in the form of cash, check, credit card, PayPal or Venmo. I do not bill insurance companies. My hourly fee for counseling services is \$150 for a 50 minute session and \$ 225 for a 90-minute session. Except in cases of emergencies, if you cancel an appointment without giving 24 hours notice you will be charged for the entire amount of the session.

If you become involved in legal proceedings that require my participation, you will be required to pay for my services prior to the proceedings. Due to the difficulty of legal involvement, I charge \$500 per hour for the first 2 hours of service (including travel time) and \$300 per hour for each additional hour, any preparation involved, and attendance at the legal proceeding.

Contact Information

I am not always available by phone and do not provide 24 hour emergency assistance but I do check my messages regularly during the work week. Your needs are important and I will return your call as soon as possible. Unless other arrangements have been made **I do charge for calls lasting over 10 minutes and the fee will be prorated based on my current hourly rate.**

In case of an emergency please go to your nearest emergency room, call 911 or contact Colorado Crisis Services at 844-493-8255.

By signing this form I understand and agree that I am responsible for keeping my counselor informed of any changes in my physical and/or emotional condition that may impact the progress of counseling or my health. I have read the preceding information, it has been provided verbally, and I understand my rights as a client or as the client's responsible party.

Client Signature

Date _____

Parent/ Guardian signature (if minor under age 12)

Date _____

Traci Hagie, MA, LPC, CAS, NCC

Date _____